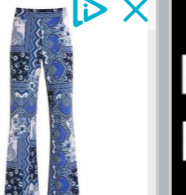
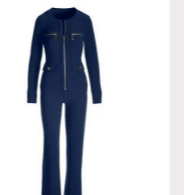


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Sunday, February 6, 2022

Welcome: **SallyBroder**  
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## HorseSensing guests at Old Stone Inn gather to help veterans

By Tammy Shaw  
 Friday, August 2, 2019 at 3:00 am (Updated: August 2, 3:02 am)

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Famous names in the horse industry, politicians and veterans groups gathered Tuesday evening to hear about HorseSensing, a program to train veterans, former inmates, domestic abuse survivors and at-risk youth to deal with Post Traumatic Stress, addiction and other issues through horse therapy.



Staff photo by Tammy Shaw  
 Dr. Sally Broder, center, greets guests and explains HorseSensing at Old Stone Inn Tuesday.

Dr. Sally and David Broder held the event to educate the public about benefits of HorseSensing.

Honored guests included veterans' advocate and Secretary of State candidate Heather French Henry, people from the horse community and veterans groups, including founder and president of Veteran's Club Inc., Jeremy Harrell.

Sally Broder, a psychologist, and David Broder, an addiction treatment specialist and case manager for substance abuse, plan to begin the program in spring 2020.

Anyone who needs to change life's direction, David Broder said, is welcome.

The Broders conducted a similar program within California's Presidio in 2010.

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### Process

Experts in American Saddlebred, Thoroughbred and harness horses will teach students how to care for one horse paired with each.

Executive Director Phillip Crittendon is on board for American Saddlebred education, while Executive Director Billy Bob Taylor will teach students about Thoroughbred and harness animals.

Karl Lindstrom, COO of the All Glory project, Rena Elswick, Kentucky Racing Commission for 16 years, and Dr. Laura Howard Strong, veterinarian, among others, are on board to help.

All Glory brings equine-assisted therapies to military and veterans and their families.

Students can earn a Dr. C. Reid McLellan's Groom Elite education certification over 36 weeks, customized for HorseSensing.

Vulnerable people in pain can tell animals their silent stories. "With horses, there is no threat, no judgment," Sally Broder said.

Students move past low self-esteem and teach a sense of responsibility, to regulate emotions, gain confidence, live with purpose and become employable.

HorseSensing will teach relaxation methods, deep breathing and yoga, plus soft skills.

Teamwork, honesty, being on time, appropriate dress, getting along with others, positive attitude, speaking up, constructive conflict resolution and communicating are all skills needed to work in the horse industry or most other jobs.

### Win-win

Sally Broder thinks HorseSensing will be a win for both students and the horse industry.

One friend told Sally that every one of her temporary work visas had been denied, so grooms are in high demand in the U.S.

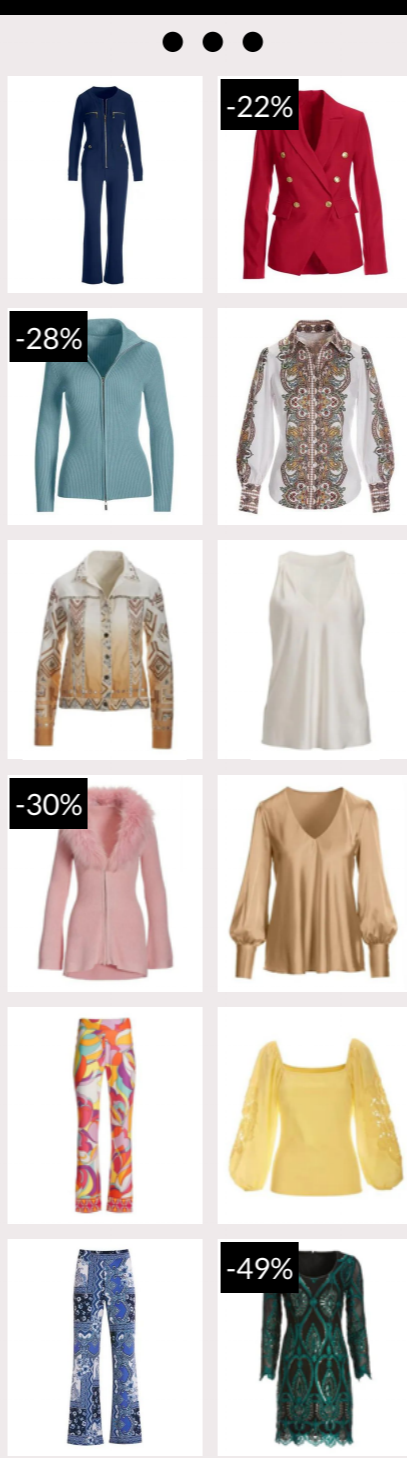
She hopes barns or organizations will offer horses for students to work with.

HorseSensing is sponsoring a booth at the Shelbyville Horse Show this week to share information and is looking for federal, state and local grants, donations, legacies and partnerships.

HorseSensing may be reached at 650-776-4313, or online at [www.horsesensing.com](http://www.horsesensing.com).

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